

For the people you love most.

Give someone you love a more capable future. A private, four-week healthspan program that turns scattered medical fragments into one clear personal strategy.

INVESTMENT: \$2,500 per participant.

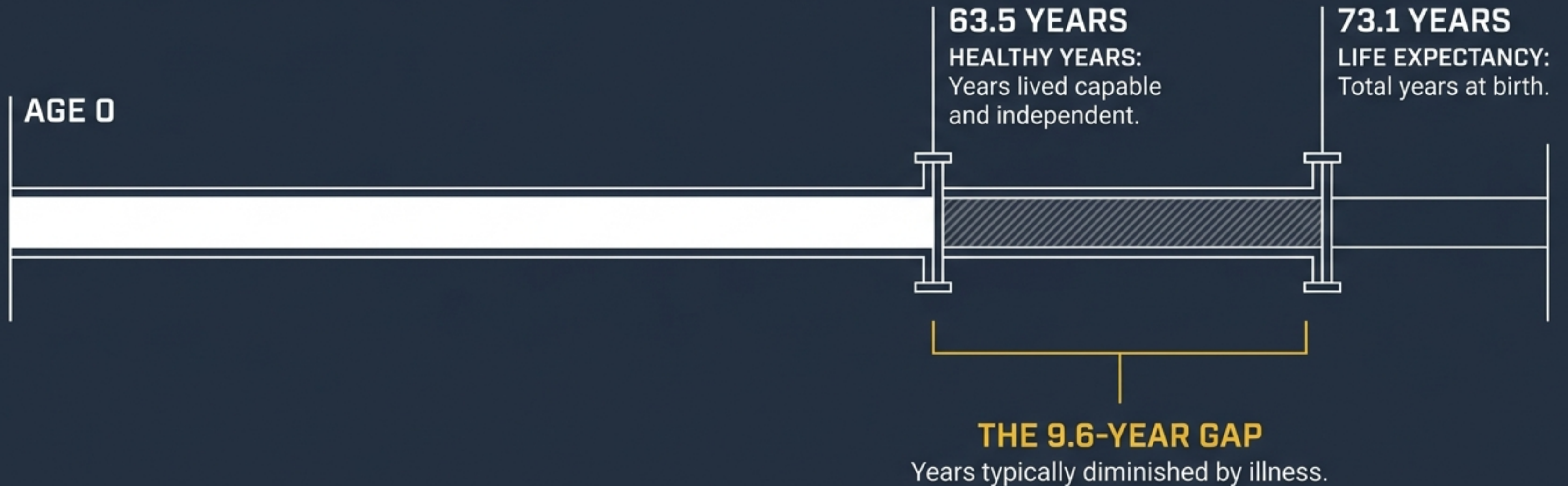
MODEL: A defined program with a clear endpoint. No subscription.

STRUCTURE: Four guided sessions. Four weeks.

LEADERSHIP: Designed by a physician-operator and global-health innovation lead.

Most Americans lose the last decade of independence before they lose their life.

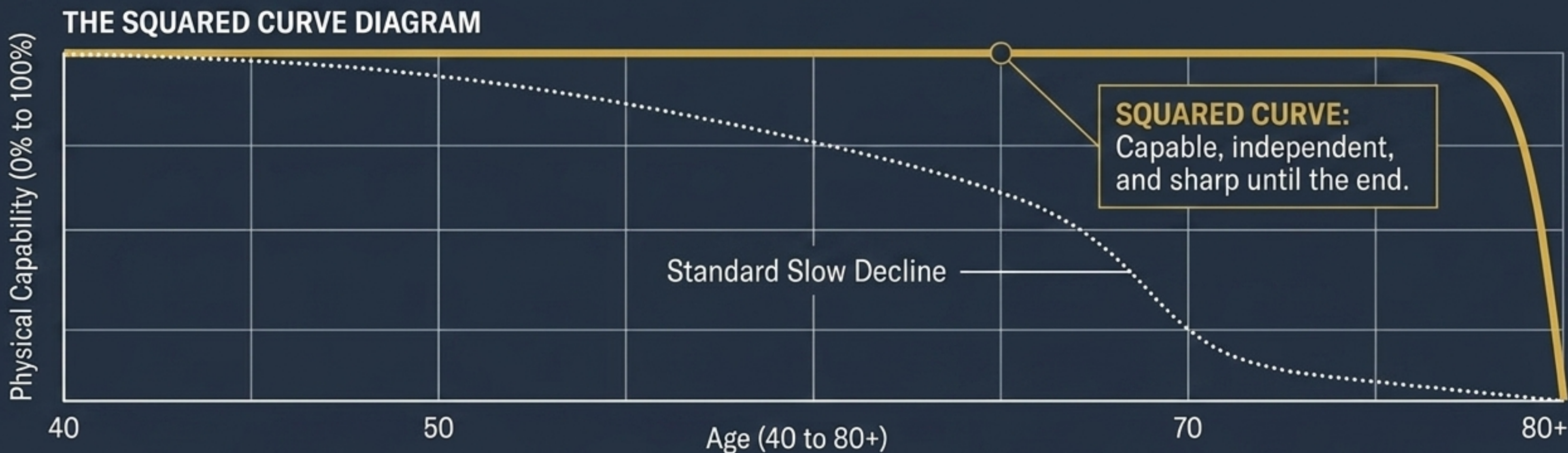
The ambition is not simply more years.
It is more capable years.



Source: WHO Global Health Estimates, 2019.

Squaring the longevity curve.

The goal is to compress biological decline, remaining physically stable, independent, and sharp until the end of life.



1. DON'T DIE EARLY: Intercept metabolic vulnerabilities and silent structural threats.

2. DON'T AGE PREMATURELY: Preserve physiological reserves (VO2 max, grip strength, brain health).

A new mindset for lifelong health.

Moving from a reactive patient to a proactive steward of your own capability.

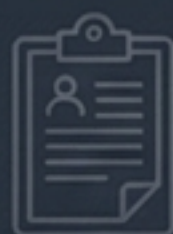
THE PARADIGM SHIFT

THE DEFAULT PATH		THE ATLAS TURN	
RELATIONSHIP	Physicians as oracles I must obey.	RELATIONSHIP	Physicians as experts I query, together.
TIMING	Waiting until something is obviously broken.	TIMING	Establishing an earlier starting point I can measure.
EFFORT	Health as an exhausting second job I can't keep up with.	EFFORT	The few targeted actions with the greatest personal leverage.
MINDSET	Worry without a clear way to act.	MINDSET	Less worry. More clarity. A plan I control.

The numbers your annual physical doesn't tell you.

Standard physicals sort you into normal or abnormal. We look for early trajectories decades before they become problems.

THE HIDDEN GAP DIAGNOSTIC MATRIX

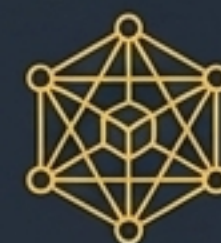


STANDARD PHYSICALS

METRIC CHECK: Standard Cholesterol
(LDL/HDL)

METRIC CHECK: Fasting Glucose

RESULT: Only alerts when immediate
fixing is required



THE ATLAS BASELINE

METRIC 1: ApoB (Target: Under 70)

The single blood test cardiologists consider more
predictive of arterial rust than standard cholesterol.

METRIC 2: HbA1c (Target: Under 5.2)

Tracks the 3-month blood-sugar average, showing
earliest signs of metabolic syndrome years before
diabetes.

These two tests cost under \$100 combined. Most physicals don't run them.
Atlas integrates them into your permanent baseline.

Four questions a participant can finally answer.

A private cohort learning experience combined with individualized work to build a permanent health architecture.

01

TRAJECTORY

If I do nothing, how long am I likely to live—and how am I likely to die?

(Family history and biomarkers assembled into one view).

02

QUALITY

Will my last years be infirm, or healthy?

(Healthspan vs. lifespan, mapped to the levers you can still pull).

03

ROI

Which small or large investments in prevention actually pay off?

(Short-term vs long-term payoff, ranked against effort and cost).

04

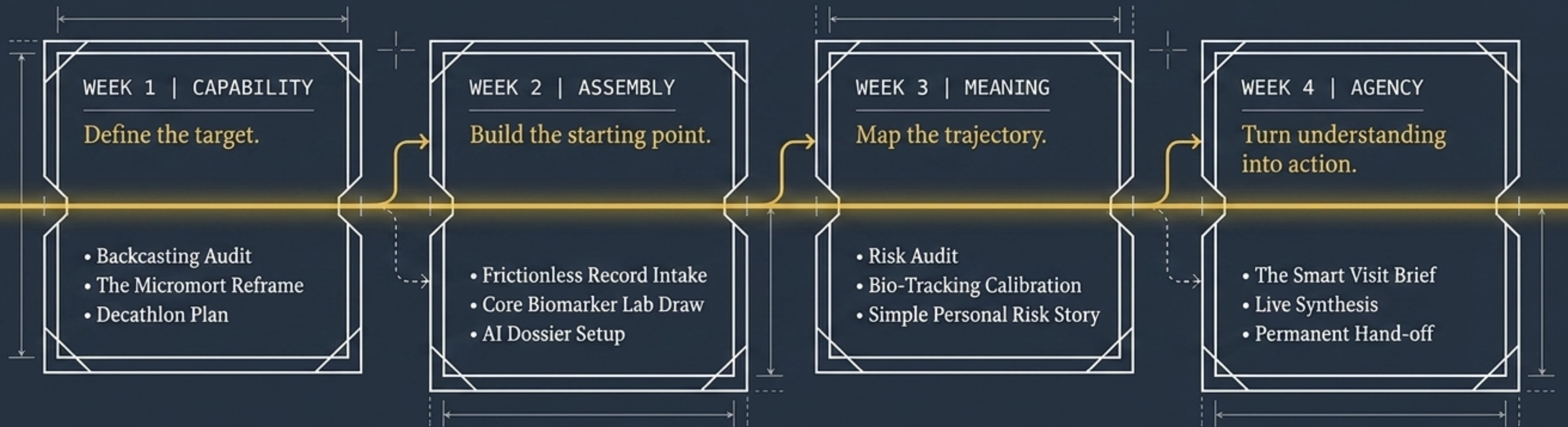
TRADEOFFS

How do I measure risk and reward?

(A shared vocabulary to evaluate devices, drugs, and daily actions).

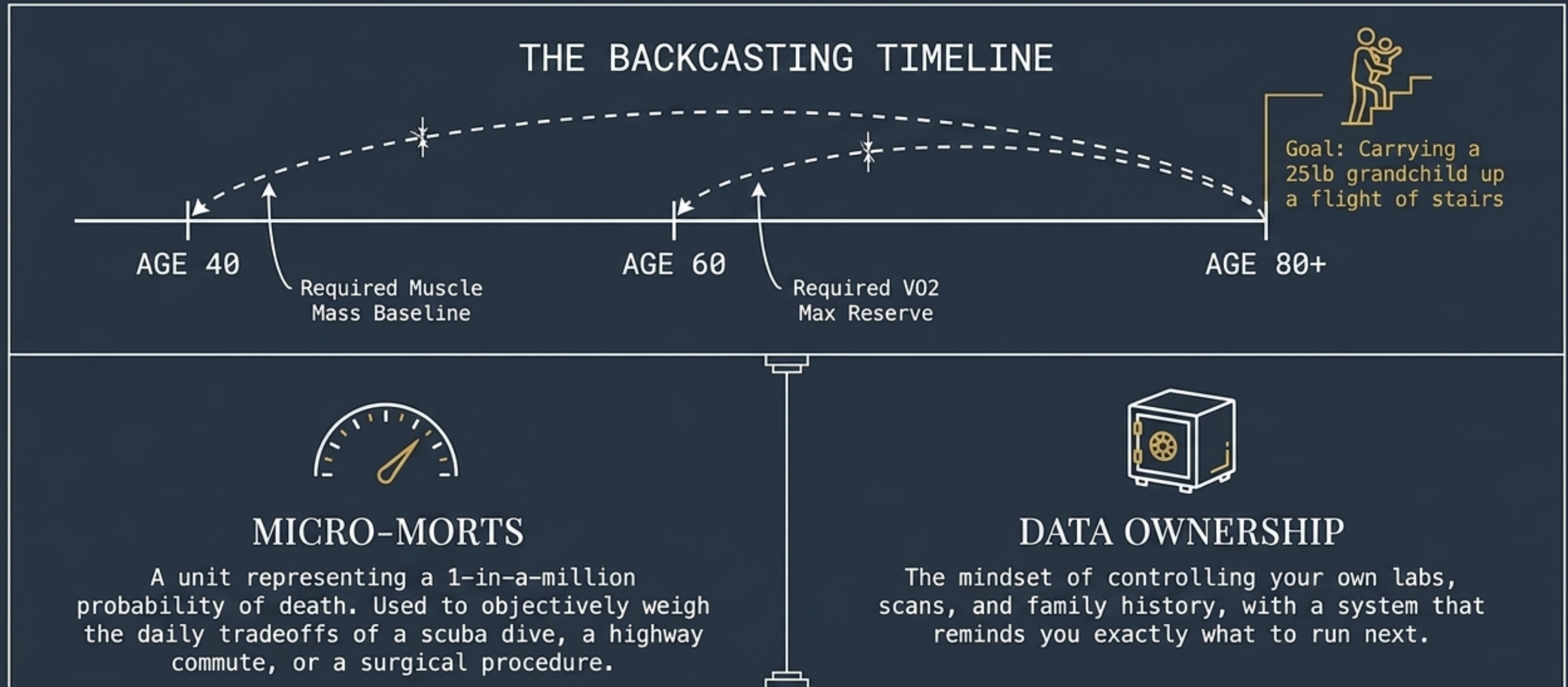
One month. Four sessions. One owned endpoint.

The core sequence adapts to the group; the final destination does not.



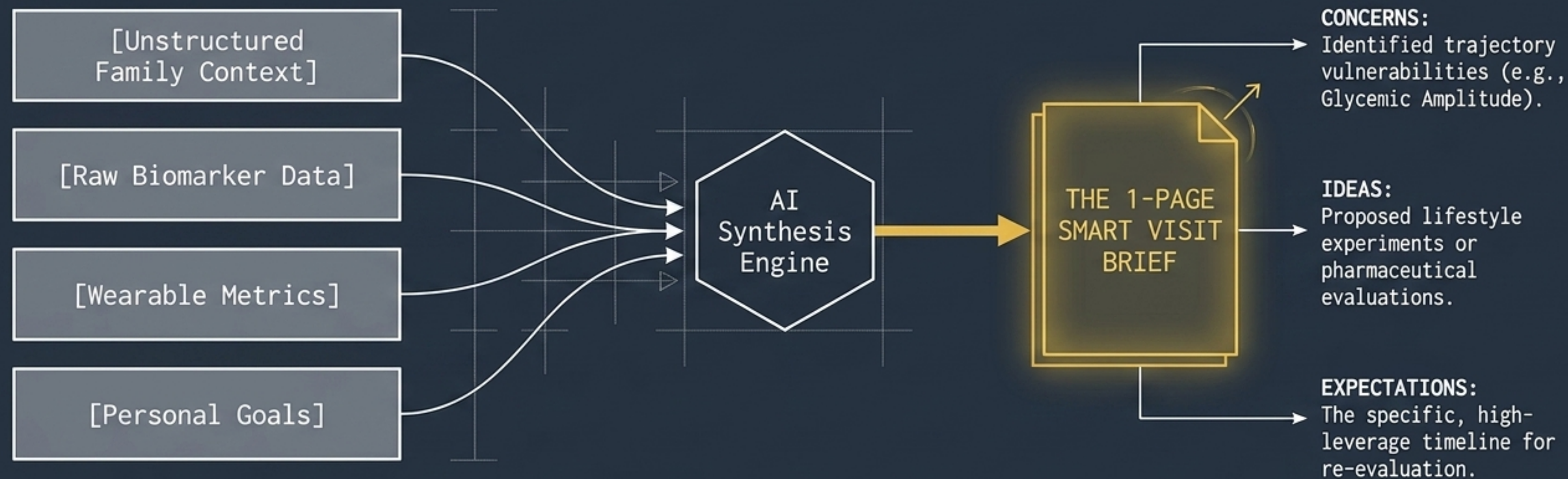
Three mental models that outlast the four weeks.

Frameworks that make future health decisions easier, not harder.



The Artifact: A health story, in your hands.

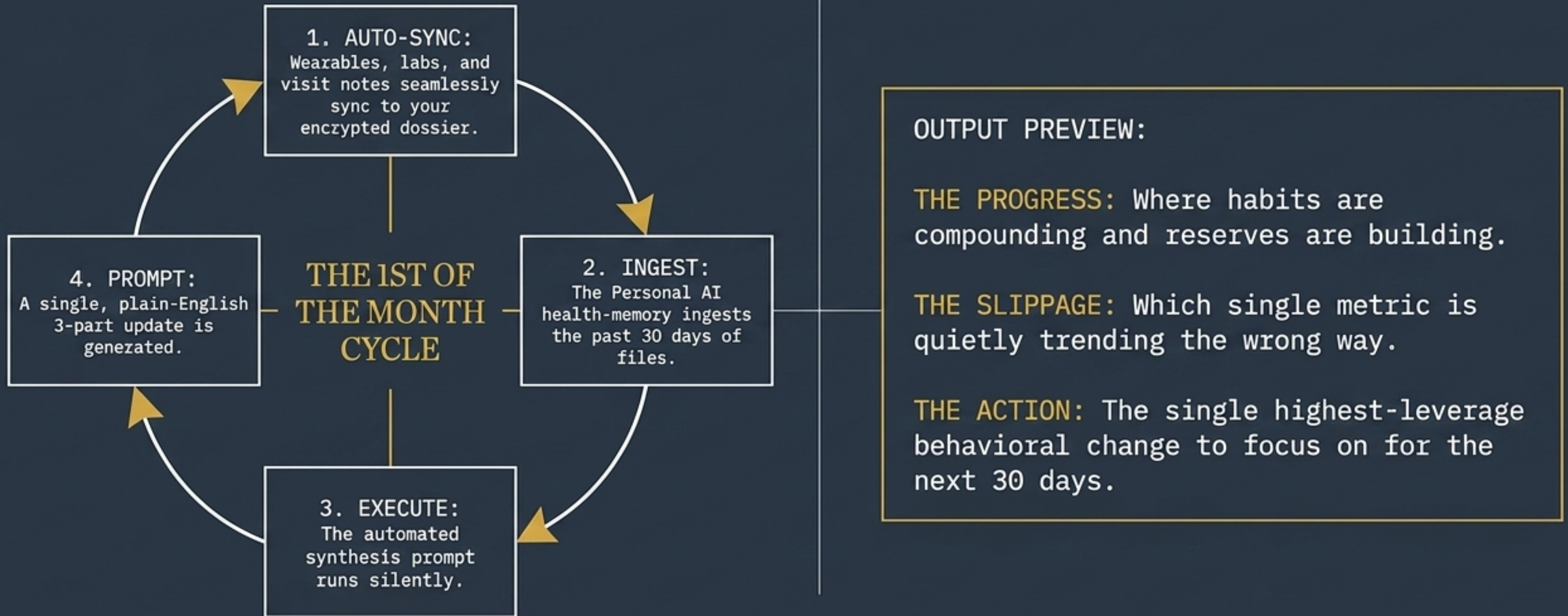
Atlas does not replace your doctor. It prepares a perfect briefing document to maximize your clinical partnership.



Doctor, given my family history and these baseline numbers, what do you see as my biggest trajectory risk?

Health management should not be a second job.

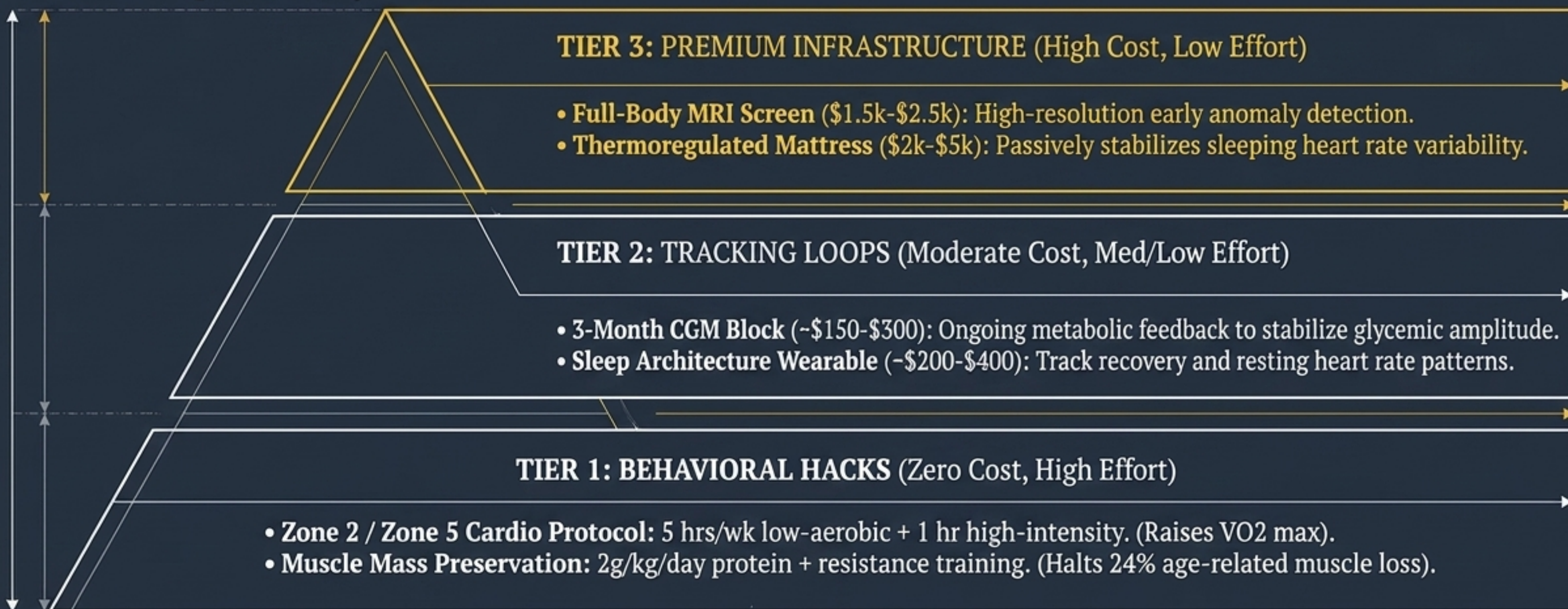
The calendar-driven monthly automation protocol quietly compiles and analyzes data in the background.



A menu of experiments, ranked by cost and effort.

Not every test or gadget is worth your Saturday. Atlas provides a shortlist ranked to your goals.

The Atlas Experiment Pyramid



Same program. Two different paths. One kind of agency.

This is what a participant walks out with.

DAVID, 42

GOAL: To carry a grandchild up the stairs at 80.

THE INPUT: An operations executive with an old borderline result and a scattered family history.

THE OUTPUT: Fragments became one story. An inherited cardiovascular marker was elevated.

THE AGENCY: Booked a primary-care appointment immediately, armed with a precise question.

KATE, 39

GOAL: Steady hands—and to remain the aunt who shows up.

THE INPUT: An architect and runner with a watch that tracked everything, but no baseline or doctor.

THE OUTPUT: Her baseline added no new warning signs to carry into an early conversation.

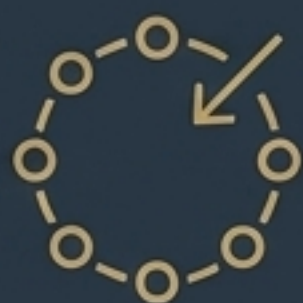
THE AGENCY: Established a real care relationship with a measured starting point she continues to use.

Atlas did not diagnose David or clear Kate. The finding differed. The agency did not.

For the person who is hard to buy for.

You give the invitation. They own the experience.

01 | YOU CHOOSE THE CIRCLE



Four to ten family members or trusted friends. You decide who and how it's framed.

02 | WE HANDLE THE INVITATION



A private note goes out from Atlas. Each recipient decides privately whether to accept. The gift is an invitation, not an obligation.

03 | YOU ARE NOT IN THE SESSIONS



Discretion is the default. Records, results, and conversations remain entirely the participant's.

04 | THEY KEEP THE SYSTEM



When Atlas ends, the participant walks away with a Personal Health Data Set and AI health-memory they control forever.

Provision for a more capable future.

Give the gift of a clearer plan. A defined program with a clear endpoint. No subscription.

\$2,500 per participant.

Request a private introduction: victorladele@systemenablers.ai
Victor Ladele, MBBS, MBA – replies within two business days

THE BOUNDARY: Atlas provides education, organization, and physician-conversation preparation. It does not diagnose, treat, prescribe, or replace medical care. It ensures the participant's existing care team remains central.